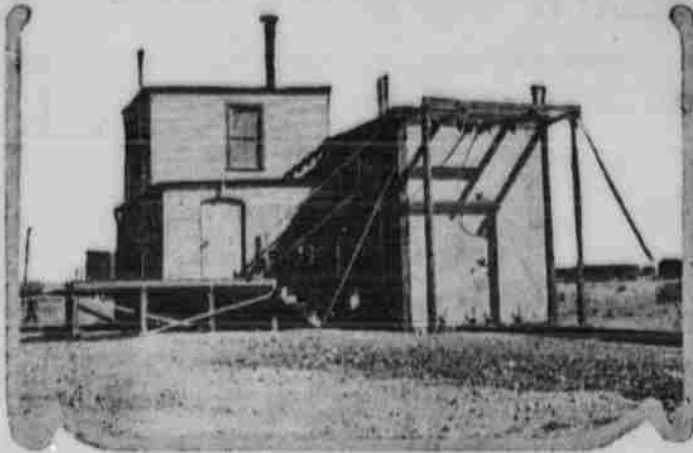


Disinfection Houses on Mexican Border

By the U. S. Department of Agriculture



All along the Texas-Mexican border, equipment has been completed for the disinfection houses erected by the United States department of agriculture for the purpose of making sure that no larva or moth of the pink boll worm of cotton enters the United States. What is known as the pot method of disinfecting the interior of cars and cleansing the outside was discontinued on September 30, and the only fumigation that now is accepted as meeting the requirements of the federal horticultural board is fumigation performed by the employees of the board in the disinfection houses.

Charges have been fixed in such a way as to cover the cost of the chemicals and labor required in fumigation. The fee is \$5 for a railroad car and 30 cents for any other kind of vehicle. Charges for fumigation of freight not carried in vehicles will be adjusted to cover actual cost.

Clothing the Family

Consideration of Real Purpose of Clothes Will Help in Economizing

Clothing the family is a business which should be handled as systematically as any other business, declares Laura Makepeace of the Colorado Agricultural college.

What do you want your clothing to do for you and what do you want it to show? Do you not want these things:

Protection from cold, heat, moisture and rough surfaces?

Freedom in movement, breathing and standing?

Beauty, by choosing materials, colors and designs suited to you and your occupation?

Self respect, clothing which is appropriate, becoming and within your means, makes yourself and neighbors think well of you.

Have you thought of the different kinds of garments you should have? These can be divided into three groups: outer-clothing, under-clothing and accessories. You need to think, too, of the cost of cleaning, repairs, renovation and remodeling.

Allowing 15 per cent of the yearly income for clothing, a good proportion is, outer-clothing, 70 per cent; under-clothing 20 per cent; accessories 5 per cent, and care, 5 per cent. Go over the garments on hand. Decide what can be freshened or remodeled. Estimate what this will cost and what new things are needed, then make your budget and stick to it.

Go shopping with a purpose. Learn to recognize quality. Choose slowly and thoughtfully.

Stoppage of Circulation Causes "Pins and Needles"

After being for a long time in a constrained attitude a peculiar numbness and prickling is often felt in the arm, the leg, or the foot. This is caused by some interruption to the circulation of the blood and can usually be removed by rubbing or exercise. Physicians say that the reason for this sensation, which is decidedly uncomfortable, is that pressure for a certain length of time deadens the sensibility of a nerve. When this pressure is suddenly removed (as in straightening out the leg after sitting with it doubled underneath the body) sensibility gradually returns to the nerves and as each nerve-fiber composing the trunk regains its normal condition of sensibility a prickling sensation is felt, and these successive pricklings from the successive awakenings of the fibers have not inaptly been called "pins and needles."

Useful Asbestos Is Found in Most Parts of Country

Asbestos in modern times has come to be very extensively manufactured into incombustible cloth, gloves, felt, paper and other articles of common use, and is much used as a covering to steam boilers and pipes, in the manufacture of gas stoves, and, mixed with metallic pigments, it is employed as a paint for wooden structures, roofs, partitions and the like to render them fireproof or fire-resistant. It is found in most parts of the world, chiefly in connection with serpentine. Scientifically it is described as a highly useful mineral, a fibrous variety of several members of the hornblende family, composed of separable filaments, with a silky luster, the fibers sometimes being delicate, flexible and elastic and at other times stiff and brittle.

Short Measure in Canned Goods to Have Attention of Federal Authorities

Federal food inspectors have been instructed to watch for interstate shipments of canned foods which have been slack-filled; that is, which contain too much water and too little solid food. Officials of the bureau of chemistry, United States department of agriculture, who are charged with the enforcement of the federal food and drug act, say that action under the law will be taken against violators.

The practice of slack-filling food cans, in the opinion of the officials, is demoralizing to the trade and unfair to the consumer. To put a full can in competition with a slack-filled can places the honest canner at a disadvantage. The consumer almost invariably receives more for his money when buying a full can than when buying a slack-filled can even though he pays a higher price for the full can. In some instances, however, when the canner sells his slack-filled cans to the trade at prices lower than the market price for a full can, the consumer is charged as much for the slack-filled can as for the full can. In such cases both the canner and the dealer share in unfair profits at the expense of the consumer.

Putting excess liquid in cans adds unnecessary expense in canning, storing and shipping, since the excess liquid requires more cans and increases freight and storage charges all along the line—through the hands of the canner, broker, the wholesale and the retail grocer. Since this additional and useless expense is borne invariably by the consumer, it adds its part to the high cost of living.

IT IS TO SMILE

A Classy Yegg.

Officer—How will I know this "gentleman burglar?"
Captain—If he shoots you with a pearl-handled revolver it's him, me lad.



Squaring Himself.
"I claim that man Blump is a born diplomat."
"How's that?"
"His wife objected to his spilling cigar ashes on her rug, so he bought her a carpet sweeper."

Had Him There.

"I am an agnostic," said the thin man.
"And an agnostic is what?" inquired a listener.
"An agnostic is—well, a fellow who is not sure of anything."
"Well, then, how does it happen that you're sure you are an agnostic?"

Loud Raliment.

"Did you sell that man the green and blue checked suit you were showing him?" asked the proprietor of the "Nifty Togs Shop."
"No, sir," replied Percy, the peerless salesman.

"Why not?"
"He said he couldn't stand excitement."

In Very Close Contact.

"Have you ever come in contact with the moneyed classes?"
"Oh, yes; I was knocked down once by a millionaire's auto."



Perish the Thought.

Mrs. Tungusmith—Did I hear you refer to me, your wife, as nothing but a talking machine?
Her Husband—I never said it. Why, if you were a mere talking machine you'd talk only when I asked you to.

Why Not?

The Caller—Is Mrs. Van St. in?
The Doorman—I will see, sir. Will you kindly step withup?

Rabbits Afford Good Meat to Help Check the H. C. L.

It seems a pity that more families who are struggling with the high cost of living and who are appalled at the price they are forced to pay for their meat supply, do not know what a help a few rabbits in their back yard would be. Two or three does and a buck will afford an abundance of the finest meat the market offers, and at low price, too, especially if a person has a little garden or can get green stuff to feed them, although the groins they consume are of the cheaper kinds and they are far from expensive to feed. Fried, stewed, roasted, pot-pie, any old way you take them, they are simply great eating. The meat is white like chicken breast and of excellent flavor. Rabbits are ready to butcher at any age from six weeks up, growing very rapidly.

The Brazil Nut Tree.

In the vast districts watered by the Amazon grows the Brazilian tree, 100 feet to 150 feet in height, with alternate horizontal branches, the ends of which hang like great ropes. The smooth cylindrical trunk has a circumference of 12 to 17 feet.

ASPIRIN FOR HEADACHE

Name "Bayer" is on Genuine Aspirin—say Bayer



Insist on "Bayer Tablets of Aspirin" in a "Bayer package," containing proper directions for Headache, Colds, Pain, Neuralgia, Lumbago, and Rheumatism. Name "Bayer" means genuine Aspirin prescribed by physicians for nineteen years. Handy tin takes of 12 tablets cost few cents. Aspirin is trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Adv.

Number, Please.

Bees—Were they married in haste?
June—Goodness, no; why, they were married by telephone.

You have one great duty in these high-priced times. You can advise your friends to economize.

Thousands Have Kidney Trouble and Never Suspect It

Applicants for Insurance Often Rejected.

Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. The mild and healing influence of Dr. Kilmer's Swamp-Root is soon realized. It stands the highest for its remarkable record of success.

An examining physician for one of the prominent Life Insurance Companies, in an interview on the subject, made the astonishing statement that one reason why so many applicants for insurance are rejected is because kidney trouble is so common to the American people, and the large majority of those whose applications are declined do not even suspect that they have the disease. It is on sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this banner.—Adv.

It is difficult to realize that the sweet girl graduate was once a short-haired baby with a red nose.

RASCALS

Biliousness, Headache, Colds, Constipation, driven out with "Cascarets"

Why take nasty cathartics, sickening salts, or stomach-turning oils to drive these rascals out? Let gentle, harmless Cascarets remove the liver and bowel poison which is keeping your head dizzy, your tongue coated, your skin sallow, your breath offensive, and your stomach sour. Get a box of Cascarets at the drug store and rid your liver, stomach and bowels of the excess bile, poisons, and waste which are keeping you miserable. Cascarets never gripe, never sicken, never inconvenience. They cost so little and work while you sleep.—Adv.

Chin Versa.

"You used to write verses to my dainty chin," sighed Mrs. Addy-Pose.
"Well, now I must write couplets," he said.

Women read bargain advertisements because they believe there is something in store for them.

Backache only a Symptom

"It Seems as Though my Back Would Break."

This is a common expression among women, yet they toil on day after day heedless of the significance of this distressing symptom.

Backache is often a warning of some inward trouble that requires attention, and which unless relieved will sooner or later declare itself in more serious ailments.

If it is caused by female derangement Lydia E. Pinkham's Vegetable Compound is what you need. It quickly asserts its curative powers in all those peculiar ailments of women.

For more than thirty years this good old fashioned root and herb medicine has been restoring American women to health.

The Splendid Recovery of Mrs. Coventry

Newark, N. J.—"The doctor said I had organic trouble and treated me for several weeks. At times I could not walk at all and I suffered with my back and legs so I often had to stay in bed. I suffered off and on for eight years. Finally I heard that Lydia E. Pinkham's Vegetable Compound was a good medicine, and I tried it with splendid effect. I can now do my housework and my washing. I have recommended your Vegetable Compound and Blood Medicine and three of my friends are taking it to their advantage. You may use my name for a testimonial."—Mrs. THERESA COVENTRY, 75 Burnett St., Newark, N. J.

Mrs. Hunt tells how it helped her Detroit, Mich.—"I was in a general run-down condition, was very nervous and tired, had backache and other troubles. I suffered for several years, was not able to work at times and tried doctor's medicine with no results. I saw Lydia E. Pinkham's Vegetable Compound advertised, and after taking it a short time I was much better. I am still taking it myself and giving it to my daughter, and am glad to recommend Vegetable Compound at any time."—Mrs. M. E. Hunt, 171 Davison Ave.



Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO., LYNN, MASS.